

DAVIDSON WILDCAT VOLLEYBALL CAMP



Libero Day Camp

July 5, 2010

Girls * Ages 12 - 18

Setter/Hitter Mini-Day Camp

July 6 - July 7, 2010

Girls * Ages 14 - 18

Ind. Skills Day Camps

Session I - July 5 - July 7, 2010

Session II - July 14 - July 16, 2010

Girls * Ages 10 - 18



Boys & Girls Elite Skills Overnight Camps

Girls - July 8 - July 11, 2010

Boys - July 14 - July 17, 2010

Ages 12 - 18



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Prs. Std.
U.S. Postage Paid
Permit #1
Davidson, NC

Davidson Wildcat Volleyball Camp
P.O. Box 2197
Davidson, NC 28036-2197

DAVIDSON WILDCAT VOLLEYBALL CAMP



CAMP DIRECTOR - TIM COWIE

A new era of Davidson volleyball started eight years ago as Tim Cowie, an experienced and successful collegiate coach, took hold of the reigns. Coach Cowie's coaching record speaks for itself with over 275 collegiate wins. In Cowie's inaugural season as head coach at Davidson College, the Lady Wildcats improved from a 2002 record of 15-17 to an impressive 23-11 overall record and a decisive 15-5 Southern Conference record. The Wildcats finished third in conference play and lost in five games to eventual Southern Conference Tournament Champion College of

Charleston. He has coached four all-conference performers while at Davidson — Roberta Quis, Latisha Chapman, Liz Williamson, Jenna Dykstra — two of whom have tested their skills overseas in Europe.

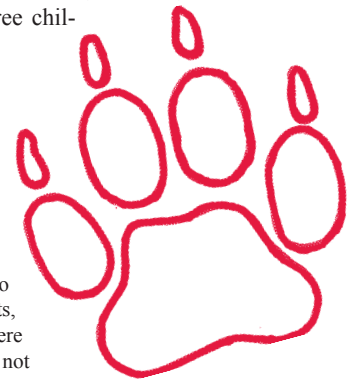
Prior to arriving at Davidson, Cowie was in charge of New York University's women's volleyball team. During the 2001 season, the Division III Violets finished 17-14 overall, including wins over NCAA Division II Pace University, as well as University Athletic Association rivals Brandeis, Rochester, Chicago, Case Western and then-number-one-ranked Washington University. In his rookie campaign at NYU, Cowie led the Violets to a 22-12 overall record, including a first-place finish at the Scranton Invitational, a second-place finish at the SUNY-Oneonta Red Dragon Invitational and a third-place finish at the UAA Championships. For

his efforts, Cowie was named UAA Co-Coaching Staff of the Year. While at New York University, he recruited student-athletes that included All-Americans, NCAA All Regions, and an NCAA All-Region Freshman of the Year and UAA All-Conference players.

Cowie joined NYU after four seasons as head coach of the nationally-recognized women's volleyball team at the Rochester Institute of Technology. While at R.I.T., Cowie led the Tigers to a 125-43 overall record. His teams earned four consecutive NCAA Division III Tournament bids and advanced into the second round all four years. His first collegiate head-coaching experience came during the 1995-96 season. Cowie served as coach of the men's volleyball club team at the University of Rochester and led the program to its first-ever winning season with a 14-3 record.

A 1988 graduate of Roberts Wesleyan College with a degree in business administration, Cowie held many positions at his alma mater. He was an assistant women's volleyball coach at RWC from 1985-88 and went on to become the men's basketball assistant coach (1989-1994). He returned to women's volleyball during the 1995-96 season.

In addition to his responsibilities at Davidson, Cowie has served on the NCAA Volleyball Rules Committee as well as a voter on the AVCA (American Volleyball Coaches Association) Coaches Poll and All-America Committee. A native of Oshawa, Ontario, Cowie and his wife Gwen have three children - Emmily (12), Tim Jr. (11) and Ryan (9).



REGISTRATION * HOUSING * MEALS * FACILITIES * TRAVEL * EQUIPMENT

REGISTRATION - Campers are required to register by completing the application form, have their parent/guardian sign the waiver statements, and include insurance information with a minimum deposit of \$150.00. FULL PAYMENT is required by June 1, 2010. All checks to be made payable to: DIG IT UP SPORTS, INC. No refunds after June 1, 2010. Refunds prior to June 1 are subject to a \$150.00 administrative fee. If health or injury prohibits participation prior to camp a Physicians letter explaining the circumstances must accompany a written request for a refund. You may register online with a credit card at www.digitupsports.com.

CONFIRMATION - Upon receipt of camp tuition, completed application, and signed waivers and insurance information you will receive a confirmation letter with registration locations, physical health form, and additional information on travel, what to bring to camp, etc. Enrollment is limited, with applications accepted on a first-come basis until the camps are full.

TEAM CAMP COACHES - To reserve a space for your team you must contact us by phone and receive verbal acceptance followed by written confirmation. (704) 894-2633 (Leave a message) Team Camp will fill quickly.

MEDICAL CARE - All campers must have their own accident and health insurance. DIG IT UP SPORTS, INC. and the Davidson Wildcat Volleyball Camp provides only excess coverage after your insurance has been utilized. A certified NATA athletic trainer will attend to minor injuries and illnesses, is available for all camp sessions, and resides in the dormitory during camp. Campers will not be allowed to play unless the health insurance and medical forms are signed by the parent or guardian of the camper. A health insurance and medical information form will be mailed to you upon receipt of your application or can be downloaded from our website.

HOUSING - All campers will be housed (two per room) in air-conditioned rooms on the campus of Davidson College.

MEALS - The food will be served by the Davidson College staff in its premier eating facility. Vail Commons is Davidson's primary dining facility, with a standard fare each day serving up an impressive variety of entrees (including vegetarian), a pizza

bar, sandwich bar, and salad bar.

ROOMMATE REQUESTS - We will do our best to honor your roommate requests, however, requests are not guaranteed. There are two campers to a room. If you do not have a preference, we will try to match you with someone who is your age, on your team at camp, or from your city or state.

FACILITIES - Camp sessions are conducted in the Baker Sports Complex in the Belk Arena. The 142,000 sq. ft. Baker Sports Complex, which opened in 1989, is the nucleus of Davidson's athletic program. It features weight rooms, racquetball courts, Cannon Pool (with eight lanes, a moveable bulkhead, and separate diving well), and the John M. Belk Arena, which can seat up to 6,000 'Cat fans. At the Davidson Wildcat Volleyball Camp, all campers will be able to enjoy the campus experience of Davidson College while immersed in intense volleyball competition and training, as well as enjoying the quaint community of the Town of Davidson.

TRAVEL - Directions and maps to Davidson College will be forwarded to each applicant upon receipt of your application. Campers can fly into the Charlotte-Douglas Airport. Shuttle Ground Transportation to and from Charlotte-Douglas Airport and camp (just 25 minutes away) will also be provided at a cost of \$30.00 round-trip. Check the box on the application form and a travel form will be sent with the registration packet to reserve space on the shuttle.

KEY DEPOSITS - Each camper is required to bring a \$40 key deposit in cash or separate check. Deposits will be returned when keys are turned in.

ITEMS TO BRING TO CAMP - Lots of t-shirts, shorts and socks, kneepads, volleyball court shoes, sandals, swimsuit. Also bring bed linens, pillow, blanket, towels, alarm clock and personal items.

www.DigitUpSports.com

DAVIDSON WILDCAT VOLLEYBALL CAMP



Libero Day Camp July 5 (Girls - Ages 12-18)

The one day camp is designed for those players interested in specialized libero training. Ideally, this camp is for those athletes that have good basic skills and are between grades 9-12. Those interested in focusing on individual passing and defensive skills need this one day of intense drills. Those interested should also apply for this camp as well as our Elite Skills Camp. This camp is a one (1) day (2 session) day camp. The fee includes tuition, lunch, Mizuno camp T-shirt, Mizuno backpack and Molten camp volleyball.

- * **REGISTRATION** will be on Monday, July 5 from 8:00 - 9:00 am at Baker Gymnasium
- * **CHECK OUT** will begin on Monday, July 5 at 4:00 pm
- * **GIRLS TUITION** - \$110.00
- * **THIS IS NOT AN OVERNIGHT CAMP (9 am - 4 pm)**

Setter/Hitter Mini-Day Camp July 6 - 7 (Girls - Ages 14-18)

The mini-day camps are designed for those players interested in specialized skill training. Ideally, this camp is for those athletes that have good basic skills and are between grades 9-12. Those interested in focusing on individual setting or hitting skills through 2 days of intense drills need to apply for this camp in addition to our Elite Skills Camp. This camp is a two (2) day (4 session) day camp. The fee includes tuition, lunch, Mizuno camp T-shirt, Mizuno backpack and Molten camp volleyball.

- * The **SETTER** Mini-Day Camp will concentrate on setting skill techniques and training repetitions in footwork, attack skills and various setting types.
- * The **HITTER** Mini-Day Camp will concentrate on a variety of attack skills for the outside, middle and right-side hitting positions. The 3 & 4 step approach, quick attacks and hitting technique will be the focus of this camp.
- * **REGISTRATION** will be on Tuesday, July 6 from 8:00 - 9:00 am at Baker Gymnasium
- * **CHECK OUT** will begin on Wednesday, July 7 at 4:00 pm
- * **GIRLS TUITION** - \$225.00
- * **THIS IS NOT AN OVERNIGHT CAMP (9 am - 4 pm)**

I---Individual Skills Day Camp July 5 - 7 (Girls - Ages 10-18) II---Individual Skills Day Camp July 14 - 16 (Girls - Ages 10-18)

You can register for either session of the day camp or if you like, for both sessions. This camp provides players with instruction and training in the skills and techniques of passing, setting, attacking, serving and defense. Our staff of college players and coaches will emphasize court movement, ball control and technique. Drills, games and competition will be used to put these techniques and skills into practice. This camp is a three (3) day (6 session) camp. The fee includes tuition, lunch, Mizuno camp T-shirt, Mizuno backpack and Molten camp volleyball.

- * **THIS IS NOT AN OVERNIGHT CAMP (9 am - 4 pm)**
- * **REGISTRATION**
Session I - will be on Monday, July 5 from 8:00 - 9:00 am - Baker Gym
Session II - will be on Wednesday, July 14 from 8:00 - 9:00 am - Baker Gym
- * **GIRLS TUITION** - \$295.00
- * **MORNING & AFTERNOON SESSIONS FOR 3 DAYS (9 am - 4 pm)**

Girls Elite Overnight Skills Camp July 8 - 11 (Ages 12-18)

This camp is designed for the experienced player who wants to advance their individual skills and concepts of volleyball. Intense training sessions will focus on developing skills for outside hitters, middle blockers, right side hitters, setters and liberos. A variety of drills, games and competition will be used to enhance these skills. This camp is geared for players with club and/or varsity high school experience. This camp is a four (4) day (10 session) camp. The fee includes tuition, housing, all meals, Mizuno camp T-shirt, Mizuno backpack and Molten camp volleyball.

- * **REGISTRATION** - on Thursday, July 8 from 9:00 - 11:30 am - Site TBD
- * **CHECK OUT** will begin on Sunday, July 11 at 4:00 pm
- * **GIRLS TUITION** - **\$425.00** Resident - (Non-Resident Tuition **\$385.00** includes lunch & dinner meals)

Team Skills/Competition Camp July 8 - 11 (Girls - Ages 12-18)

This camp provides players of junior varsity and varsity teams the opportunity to train together, while learning and enhancing their volleyball skills. Throughout the camp, players will receive instruction on individual and team concepts from our staff of collegiate coaches and players. Competition will be played each day against other teams with similar levels and abilities. Applications for this camp must be submitted together. With a team of 8 or more one coach attends free. To reserve a space, please call, as space is limited. This camp is a four (4) day (10 session) camp. The fee includes tuition, housing, all meals, Mizuno camp T-shirt, Mizuno backpack and Molten camp volleyball.

- * **REGISTRATION** - on Thursday, July 8 from 9:00 - 11:30 am - Site TBD
- * **CHECK OUT** will begin on Sunday, July 11 at 4:00 pm
- * **GIRLS TUITION** - **\$425.00** (Non-Resident Tuition **\$385.00** includes lunch & dinner meals)
- * **PLEASE SIGN UP WITH YOUR TEAMMATES**

Boys Elite Overnight Skills Camp July 14 - 17 (Ages 12-18)

This camp is designed for the experienced player who wants to advance their individual skills and concepts of volleyball. Intense training sessions, led by men's college coaches and players will focus on developing skills for outside hitters, middle blockers, right side hitters, setters and liberos. A variety of drills, games and competition will be used to enhance these skills. This camp is geared for players with club and/or varsity high school experience. This camp is a four (4) day (10 session) camp. The fee includes tuition, housing, all meals, Mizuno camp T-shirt, Mizuno backpack and Molten camp volleyball.

- * **REGISTRATION** - on Thursday, July 14 from 9:00 - 11:30 am - Site TBD
- * **CHECK OUT** will begin on Sunday, July 17 at 4:00 pm
- * **BOYS TUITION** - **\$425.00** (Non-Resident Tuition **\$385.00** includes lunch & dinner meals)



DAVIDSON WILDCAT VOLLEYBALL CAMP



2010 Application

Name: _____ Date of Birth: _____
 Address: _____ E-Mail: _____
(must have email - print clearly)
 City: _____ State: _____ Zip Code: _____
 Home Phone: _____ Emergency Phone: _____
 Grade Entering Fall of 2010: _____ Age: _____ Height: _____ Gender: _____ Female _____ Male
 Parent(s)/Guardian Name(s): _____
 Roommate Preference: _____ T-Shirt Size: S M L XL (adult)
 School Name: _____ School Coach: _____
 Club Team (USAV): _____

PLEASE CHECK YOUR CHOICE (S):

- JULY 5** GIRLS LIBERO DAY CAMP - \$110.00 *(Full Payment Due)*
- JULY 6 - 7** GIRLS SETTER/HITTER MINI-DAY CAMP - \$225.00 *(Full Payment Due)*
Position: OH MH S RSH (Please Circle A Position You Play)
- JULY 5 - 7** GIRLS INDIVIDUAL SKILLS DAY CAMP I - \$295.00 *(\$150.00 deposit required/Full Payment due June 1)*
Position: OH MH S RSH DS/LIBERO (Please Circle A Position You Play)
- JULY 14 - 16** GIRLS INDIVIDUAL SKILLS DAY CAMP II - \$295.00 *(\$150.00 deposit required/Full Payment due June 1)*
Position: OH MH S RSH DS/LIBERO (Please Circle A Position You Play)
- JULY 8 - 11** GIRLS ELITE SKILLS CAMP - Resident - \$425.00 (NON-RESIDENT FEE - \$385.00)
Position: OH MH S RSH DS/LIBERO (Please Circle A Position You Play) (150.00 deposit required/Full Payment due June 1)
- JULY 8 - 11** GIRLS TEAM SKILLS/COMPETITION CAMP - Resident - \$425.00 (NON-RESIDENT FEE - \$385.00)
Position: OH MH S RSH DS/LIBERO (Please Circle A Position You Play) (150.00 deposit required/Full Payment due June 1)
TEAM NAME: _____
- JULY 14 - 17** **BOYS ELITE SKILLS CAMP** - Resident - \$425.00 (NON-RESIDENT FEE - \$385.00)
Position: OH MH S RSH DS/LIBERO (Please Circle A Position You Play) (150.00 deposit required/Full Payment due June 1)
- AIRLINE TRAVELERS** I WOULD LIKE SHUTTLE SERVICE TO/FROM CHARLOTTE/DOUGLAS AIRPORT **(\$30.00)**



www.DigItUpSports.com

MEDICAL RELEASE: All campers must have their own medical coverage. Dig It Up Sports, Inc. provides only excess coverage after your insurance policy has been utilized. Campers will not be allowed to play unless the following information is submitted and the form signed by the parent or guardian of the camper. A health insurance and medical information form will be mailed to you upon receipt of your application.

Camper's Insurance Co.: _____ Policy #: _____
 Address: _____ Phone: _____

I/We, the undersigned, hereby certify that I (we) am (are) the parent or legal guardian of the camper. I hereby give permission for the staff of the Camp to seek during the period of the Camp appropriate medical attention for the camper and for the medical attention to be given and for the camper to receive medical attention in the event of accident, injury, or illness. I (we) will be responsible for any and all costs of medical attention and treatment, except for that covered by the camp's excess medical coverage policy.

WAIVER STATEMENTS

I/We, the undersigned, hereby acknowledge and understand that the Davidson Wildcat Volleyball Camp is a privately run sports camp by Dig It Up Sports, Inc. and is not operated by or through Davidson College. The Camp is neither sponsored, controlled, nor supervised by Davidson College but rather is under the sole sponsorship, control, and supervision of the Camp Director, Tim Cowie.
I/We, the undersigned, for ourselves, our heirs, executors and administrators, waive, release and forever discharge Davidson College, and Dig It Up Sports, Inc. and its staff, officers, agents, employees, representatives, successors and assigns from any and all liability, claims, demands, actions, and causes of actions whatsoever arising out of or related to any loss, personal injury or property damage that may be sustained or occur during participation in Camp activities or while at Camp.

In addition, as Parent/Guardian, I agree to the terms of registration and payment as stated in this application, and fully understand that \$150.00 of payment is NON-REFUNDABLE for any reason prior to June 1, 2010 and there are no refunds after June 1, 2010.

Parent/Guardian Signature _____ Date _____ Parent/Guardian Signature _____ Date _____

TOTAL AMOUNT ENCLOSED: _____
 \$150.00 minimum deposit is due with application. Returned checks due to insufficient funds will be charged an additional \$30.00 fee.

- I WILL ATTEND MULTIPLE CAMPS
- I AM ATTENDING CAMP AS A COMMUTER

**Make Checks payable to: DIG IT UP SPORTS, INC. and send application to:
 DIG IT UP SPORTS, INC., P.O. Box 2197, DAVIDSON, N.C. 28036**